

**Trafford 10km – Sunday 3<sup>rd</sup> March 2024  
Manchester, England  
Selection Policy – published October 2023 (updated January 2024)**

### **Overview**

The Trafford 10km will take place in Manchester, England on Sunday 3<sup>rd</sup> March 2024. Welsh Athletics values the opportunity this race will provide for developing Welsh athletes to compete against a high quality domestic field on a fast course whilst competing for a representative team against other representative teams.

### **Selection Policy Aim**

The aim of the selection policy is to **provide a relevant developmental opportunity** to U23/U20 athletes demonstrating potential.

### **Athlete Eligibility**

Eligibility will be in line with Welsh Athletics eligibility criteria.

### **Competition Format**

The Welsh team being selected to compete in the Trafford 10km will provide U23/U20 athletes with the chance to compete in a Senior Age Group competition opportunity.

Wales will be looking to send developmental teams of up to **4 U23/U20 Men** and **4 U23/U20 Women** to compete in the senior age group race. The age groups for the developmental teams will follow World Athletics rules. For the U23/U20 teams, this means athletes will need to be born in the years 2002, 2003, 2004, 2005 and 2006.

### **Selection Process**

Selection of the team will use the following process to ensure the **selection policy aim** is met:

All programme athletes (Performance programme, Transition programme and National Development Programme) who have identified the race in their Individual Athlete Plans (IAPs) will be considered. Non-programme athletes who from 1<sup>st</sup> September 2023 to the date of the selection meeting have competed in at least one road race between 3 and 10km and/or an indoor track 3000m race will be considered. Non-programme athletes who have not

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competed in such a race in this time period but wish to be considered for selection need to email Steve Mitchell (Welsh Athletics National Talent Development Coordinator for Endurance) by Friday 9<sup>th</sup> February to state their wish to be considered. Steve Mitchell's email address is:

[Steve.Mitchell@Welshathletics.org](mailto:Steve.Mitchell@Welshathletics.org)

To ensure athletes who do not wish to be considered for selection are not discussed in the selection meeting, non-programme athletes who have a realistic chance of being selected will be contacted prior to the selection meeting to see if they wish to be considered for selection.

The following criteria will be considered when deciding who to select:

- a. Performances from 1<sup>st</sup> September 2023 to the selection meeting (priority if required given to road performances in races from 5-10km)
- b. Career trajectory
- c. Previous Performance History
- d. Athlete Engagement with Welsh Athletics
- e. Any further evidence which implies the athlete is in a position to compete strongly

**There is no obligation to fill all available positions.**

The selection meeting will take place on **Wednesday 14<sup>th</sup> February** and teams will be announced on **Saturday 17<sup>th</sup> February**.

The selection panel will consist of **two members of the Welsh Athletics Performance Team** and a **nominated member of the road and cross committee**. **Selections will be ratified by the Welsh Athletics Head of Performance**. Selection meeting notes will be made available.

Please note that, if having been selected you become unavailable, evidence for why you are unavailable will need to be supplied to the Welsh Athletics Head of Performance and the Welsh Athletics NTDC for endurance.

### **Appeals Process**

There shall be no right to appeal the selection of the Welsh team made by the selection panel.

### **De-selection Process**

De-selection of an athlete may occur following:

1. Failure to adhere to the Welsh Athletics code of conduct

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2. In the event of an athlete sustaining an injury or illness following acceptance of their position on the team, they are required to inform the team leader immediately. If required, evidence will have to be supplied. If it is deemed that the injury or illness will negatively affect the athlete's performance this will result in deselection.

### **Equal Opportunities**

Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristics.

### **Amendment**

Welsh Athletics reserves the right to amend this selection policy at its sole discretion and will make any amended version publically available (including the date on which the amendment was made) on the [Welsh Athletics website](#)